



*Zeta Phi Beta Sorority, Inc.*  
*67<sup>th</sup> Eastern Regional Conference*  
*Youth Auxiliary Registration Packet*



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*67<sup>th</sup> Eastern Regional Conference*

January 2012

Greetings Sorors, Youth Auxiliaries members, and Parents of youth auxiliary members!

I hope this message finds each of you well and ready for all that the New Year has to offer! On behalf of the Electrifying Eastern Region Executive Board, I would like to invite each of you to partake in the plethora of phenomenal workshops offered to our youth auxiliary members, during the 67<sup>th</sup> Annual Eastern Regional Conference!

The Youth portion of the conference will begin on Friday, March 9, 2012 and will conclude the evening of March 10, 2012. The Youth Conference will be open to youth auxiliary members within the Eastern Region.

Please make sure your chapter has updated National Youth Auxiliary Registration forms on file with your state, regional and national Youth Coordinator, as well as current 2011-2012 Youth Registration Reporting form on file with your state, regional and national Youth Coordinator, in order to register for the conference. Youth Auxiliary Chairs, please contact your state or regional Youth Coordinator for a copy of these forms, if you need one.

All youth who participate must be a member of a Zeta Phi Beta Sorority, Inc. auxiliary.

This year's conference will be held at the Hyatt Dulles, located in Herndon Virginia!

All youth workshops will address all three areas of their international focus areas: Community, Academic, and Personal (CAP). Each workshop will also be aligned with a CAP and a focus of Z-Hope (mind, body, and spirit)!

It is with great pleasure and excitement about our program, which I encourage the youth of the Eastern Region to take part in this year's conference!

Professionally yours,

Ms. Cydney A. Neville, MAEd

Eastern Regional Youth Coordinator



*Zeta Phi Beta Sorority, Inc.*  
*67<sup>th</sup> Eastern Regional Conference*  
*Youth Permission Form*

I, \_\_\_\_\_ parent of \_\_\_\_\_ give my child permission to attend the 67<sup>th</sup> Eastern Regional Conference in Herndon, Virginia under the supervision of \_\_\_\_\_, of the \_\_\_\_\_ chapter of Zeta Phi Beta Sorority, Inc.

Chaperone's Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

My child is a(n) \_\_\_ Pearlette \_\_\_ Amicette \_\_\_ Archonette

If an Archonette, please check if you will participate in either of the following:

\_\_\_ Z-Phi Spelling Bee \_\_\_ Youth Oratorical Competition

Please list any medical conditions and/or allergies your child may have:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I, \_\_\_\_\_ (name of child) understand that if I exhibit behavior that is not conducive to the professional development programs taking place for youth auxiliaries, at the 67<sup>th</sup> Eastern Regional Conference, that I will be removed from participating in these workshops immediately, will not be refunded, and will spend the remainder of the conference with my chaperone.

Participant's signature: \_\_\_\_\_

By signing this form, I confirm that I am giving permission for my child's chaperone, \_\_\_\_\_, to make medical emergency decisions on behalf of my child.

Parent/Guardian Signature: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Phone Number: \_\_\_\_\_

\*Please return this completed form to the Eastern Regional Youth Coordinator via email at [cydynn@yahoo.com](mailto:cydynn@yahoo.com) \*\*Please submit registration fees to the Eastern Regional Tamias-Grammateus (see packet for details).



# Zeta Phi Beta Sorority, Inc.

## 67<sup>th</sup> Eastern Regional Conference

### Workshop Descriptions

#### ZETA PHI BETA SORORITY, INC.

#### 2012 EASTERN

#### REGIONAL YOUTH WORKSHOP PRESENTATION



##### My Reflection

Target- All Youth  
CAP- P  
Z-Hope- Mind  
Length- 1 hour

Description: Round table discussion where young ladies will discuss the importance, and meanings of famous quotes, and what they mean to them. Young ladies will create a drawing to illustrate how they perceive themselves, the illustration will also consist adjectives they would use to describe themselves, and adjectives others may use to describe them.

##### Nutritional You(th)

Target- All Youth  
CAP- C, P  
Z-Hope- Mind, Body, Spirit  
Length- 1 hour

Description: Auxiliary will participate in a 'train the trainer' workshop. They will learn the importance of nutrition, explore the food pyramid, and create teaching tools, to teach others about the importance of nutrition.

#### ZETA PHI BETA SORORITY, INC.

#### 2012 EASTERN

#### REGIONAL YOUTH WORKSHOP PRESENTATION



##### Leadership Workshop

Target- All Youth Groups  
CAP- A, P  
Z-Hope-Mind  
Length-1 hour

Description: Auxilliary Members will learn about the leadership roles within their group, be given direction on their groups constitution and by-laws, and have a parliamentary procedure review.

##### How to Successfully Establish a Youth Auxiliary

Target- Graduate Chapter Sorors  
Length- 1 hour

Description: Sorors will be given direction and guidance on how to create a youth group within their chapter. This workshop will contain a Q&A portion. Best practices will be shared.



ZETA PHI BETA SORORITY, INC.  
2012 EASTERN  
REGIONAL YOUTH WORKSHOP PRESENTATION



Target- All Youth  
CAP- C, P  
Z-Hope- Body, Spirit  
Length- 1 hour

Description: Youth members will participate in a Zumbatomic session. It's a youth version of Zumba, where a dance class is taught, fusing hip-hop and latin movements. At the end, youth will have a dance routine. (This workshop may be split into two (little stars and big stars) depending on the ages that register.

Time for Some Action

Target-All Youth  
CAP- C, A  
Z-Hope- Mind  
Length- 1 hour

Description: Using all of the knowledge the youth have acquired during their workshops, they will synthesize this information, to create action plans to present to their chapters back home.

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Z-Phi...Buddy Up!

Target- Undergraduates /Advisors, and Archonettes  
CAP- C, A, P  
Z-Hope-  
Length- 1 hour

Description: This workshop will bring Undergraduates and Archonettes together in an effort to create a system where we can match Archonettes to Undergraduates at various schools. This way, the Archonettes can be connected to Zeta beyond the Youth Group level. In addition to discussion, this workshop will serve as a meet and greet for Archonettes and Undergraduates, and give them a platform to inquire about college life.

Cards for Deployed Zetas

Target- All Youth  
CAP- C  
Z-Hope- Spirit  
Length- 1 hour

Description: Youth will make cards specifically for Sorors who are currently deployed. These cards will be available for Sorors who have deployed Sorors in their chapter. They can pick them up, and send them in a care package to the deployed Soror...just to let them know that the youth of the Eastern Region are thinking about them. (Other inspirational cards can be made at this workshop as well, to share with loved ones, friends, etc).



**ZETA PHI BETA SORORITY, INC.**  
**2012 EASTERN**  
REGIONAL YOUTH WORKSHOP PRESENTATION



**March of Dimes 101**

Target- All Youth  
CAP- C, A  
Z-Hope- Mind, Body, Spirit  
Length- 1 hour

Description: Youth will be given information on the March of Dimes and their mission to raise prematurity awareness. They will create pamphlets, complete with prematurity awareness information. These pamphlets can be given to a clinic in their locality upon their return home.

**Internet Safety**

Target- All Youth  
CAP- C,A, P  
Z-Hope- Mind  
Length- a hour

Description: With the 21st Century Learner, it is imperative that we address internet usage with our youth.

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**Z Phi Spelling Bee**

Target- All Youth  
CAP- A, P  
Z-Hope- Mind  
Length- 45 minutes-1.5 hours

Description: The winner of this spelling bee, will represent the Eastern Region at Boule. Words to study will be presented with the Youth Conference Packet

**Youth Oratorical**

Target- All Youth  
CAP- A, P  
Z-Hope- Mind  
Length- 45 minutes-1.5 hours

Description: Youth will receive information from a popular Zeta Orator in the DMV, and participate in the Regional Oratorical. The winner of this oratorical will represent the Eastern Region at Boule



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*Additional Information*

Please have your child bring the following items, in preparation for the Youth Conference:

- Two business outfits (Friday meetings and Saturday evening)
- A comfortable exercise outfit (for Saturday morning/afternoon)
- A foam board or poster board
- Glue
- Old magazines
- Scissors
- Writing utensils
- Notepad
- A picture of yourself (no bigger than a 4x6)

Please visit the Eastern Regional Website at [www.zphibeasternregion.org](http://www.zphibeasternregion.org) for updates regarding the conference. A time schedule for our workshops will be shared on the website as we get closer to the date.

For Archonettes interested in participating in the Z-Phi Spelling Bee and/or Oratorical, you will be notified in February of words to study and specifics for each competition. Please be sure the chair of your auxiliary lists their email address, so you can be in the loop!

Lastly, if you have any questions regarding the 67<sup>th</sup> Eastern Regional Youth Conference, please do not hesitate to contact me via email, mention Zeta Regional Youth in the subject line.

We look forward to seeing you in March!

Professionally yours,

Ms. Cydney A. Neville, MAEd  
Eastern Regional Youth Coordinator  
cydyn@yaho.com

